



MANUAL

Terahertz generator

Terastim UniversalTM

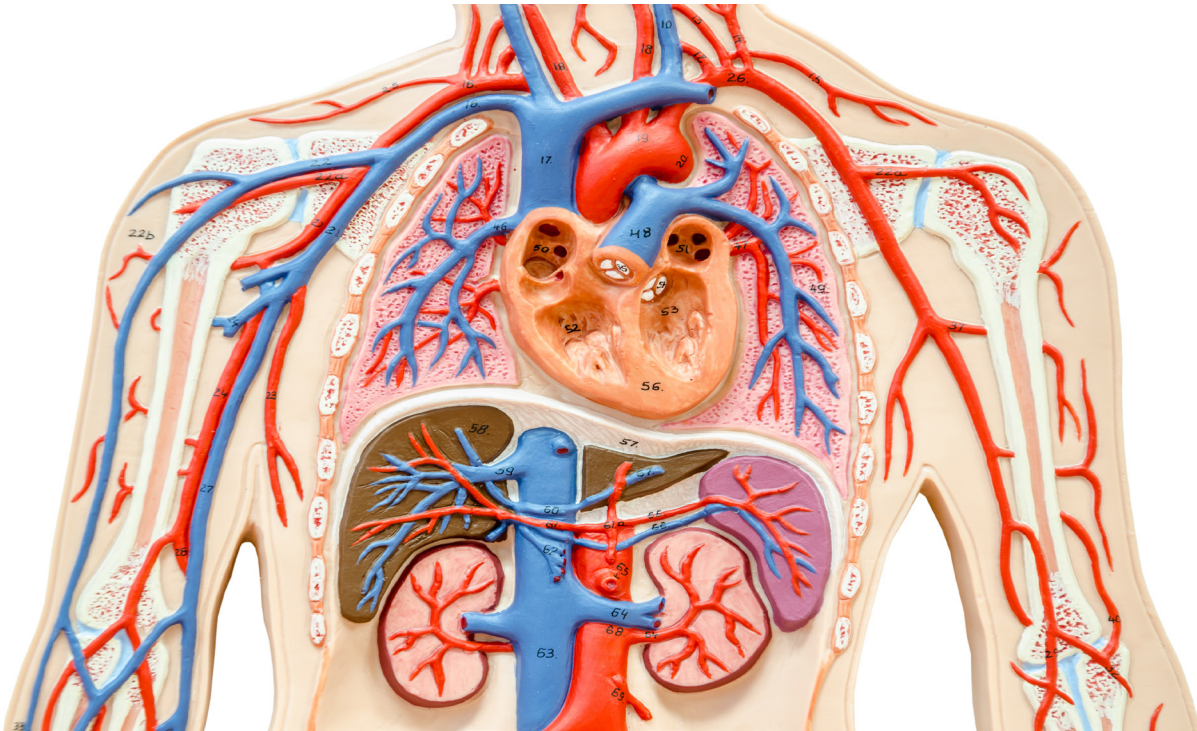
The Terastim series is a natural way to activate the body's own resources

Människans Resurser AB

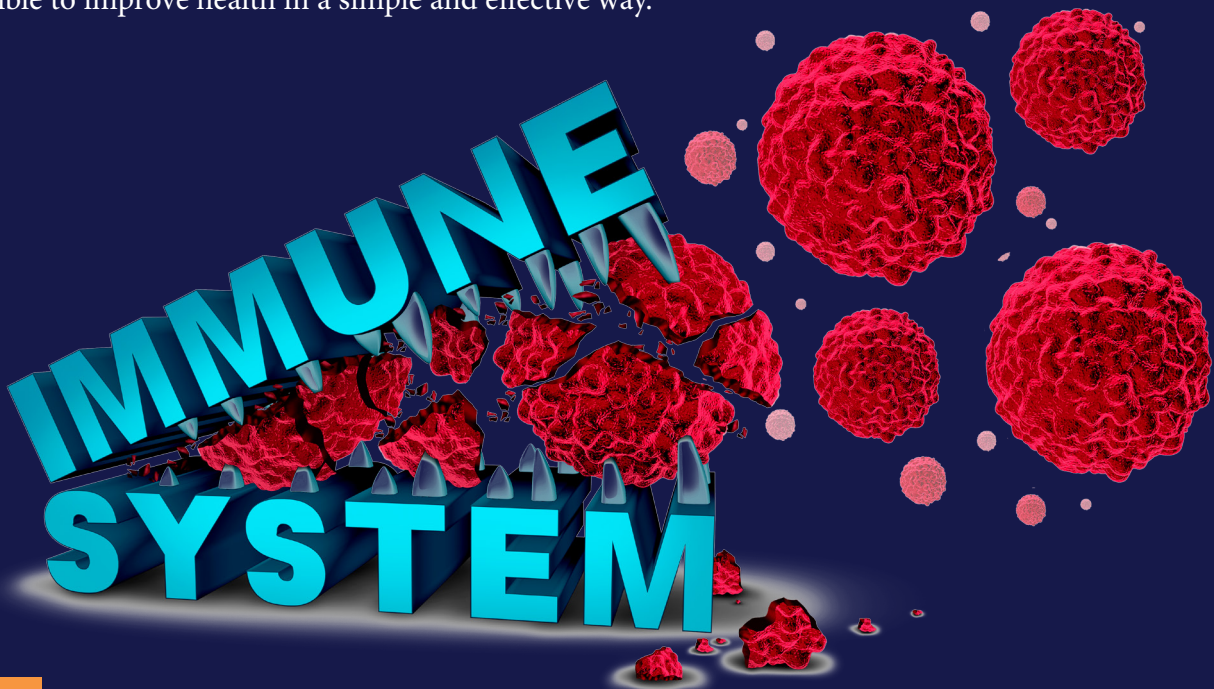
Terastim Universal™

Cell aktivator

Terastim Universal™ is a health-promoting device which is based on infrared heat and super-weak terahertz waves (Read about terahertz waves here www.terastim.com). Terahertz waves improve the blood vessels, dilate them and make them more elastic, which improves the blood circulation. And thanks to the terahertz waves' excellent permeability, the microcirculation in the body's organs and tissues is improved.



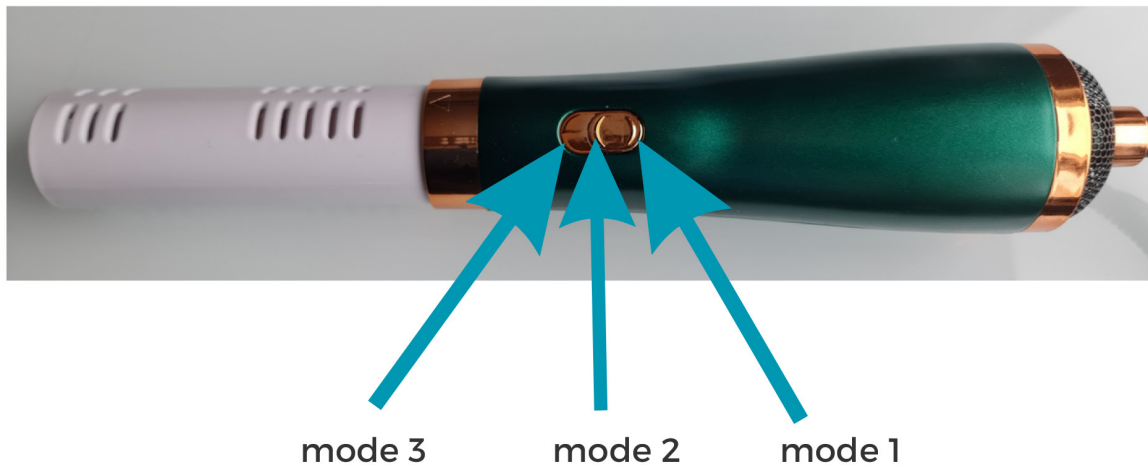
Infrared heating strengthens our immune system as the cells that fight health problems are able to act faster in the event of an infection. This combination of infrared heat and terahertz waves makes it possible to improve health in a simple and effective way.



HOW TO USE THE DEVICE

You hold it on different body zones and in places where you want to direct heat with terahertz waves. The distance from the body should be 4-5 cm. The device works through clothing if the clothes are made of 100% cotton or 100% wool, otherwise it should be held against the bare skin.

The device has 3 modes.



Mode 1 - A strong blow of terahertz waves and a lower temperature.
Mode 2 - A weaker blow of terahertz waves and a lower temperature.
Mode 3 - A strong blow of terahertz waves and a higher temperature.

Mode 1 is used for treatment of genitals, hands and feet.

Mode 2 is used for treatment of the brain, the face, neck, ears, thyroid gland and the lymph nodes.

Mode 3 is used for treatment of all internal organs, joints and the spine.

Mode 1 is used 5 min. twice a day.

Mode 2 is used 5 min. twice a day.

Mode 3 is used 10 min. once a day

General treatment time per session should not exceed 30 min.

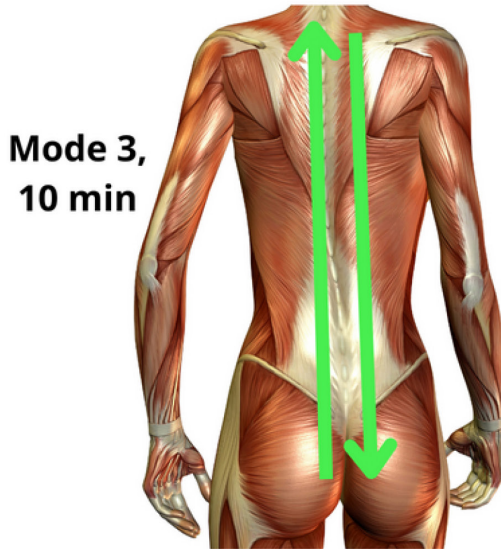
General Duration of treatment per day should not exceed 1 hour.

After 10 days of use, make a 2-day break.

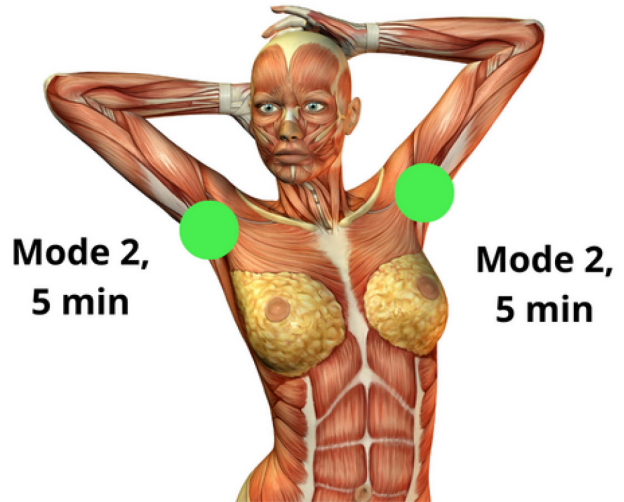
MAIN ZONES

The device can be used on the general zones shown in the pictures to strengthen and cleanse the body as well as treating the body locally.

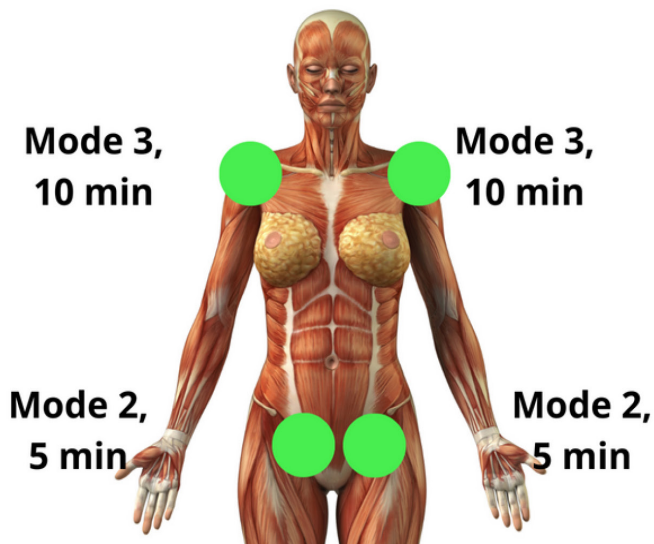
The spine



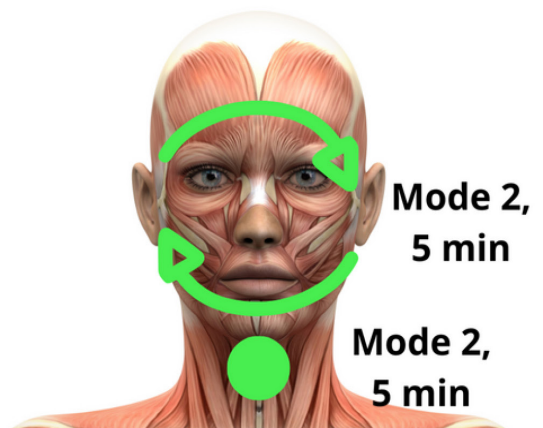
Lymph glands



Shoulders



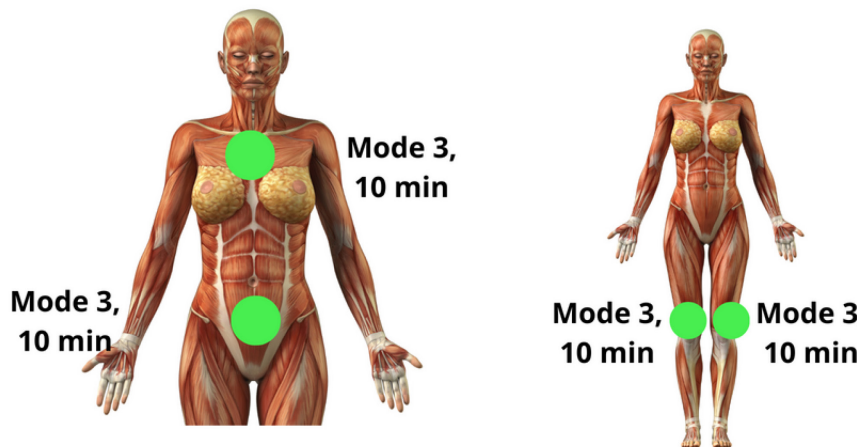
The face



Lymph glands

The thyroid

The lungs

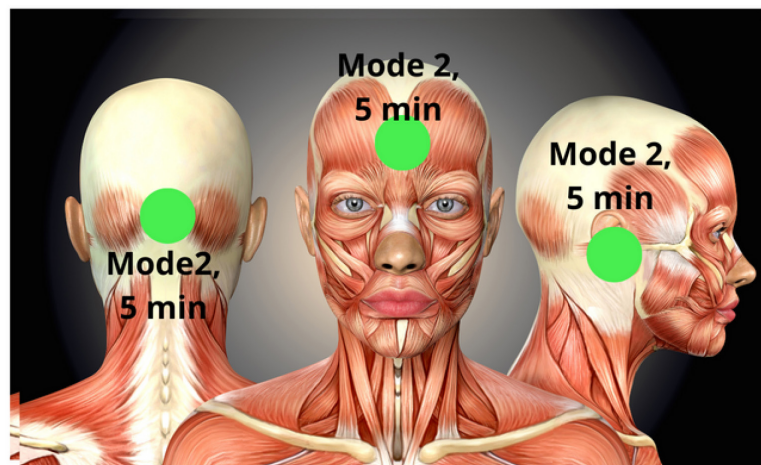
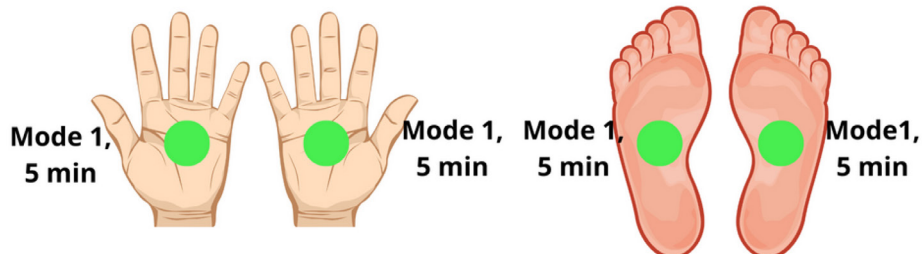


The bladder, genitals

The hands

The knees

The feet



Back of the head The forehead The ears

Extra recommendations

1. Before using the unit, it is recommended to drink a glass of water
2. If it gets too hot while using the unit, increase the distance from the body up to 15 cm.

Contraindications: the device should not be used by pregnant women or people with pacemakers or on body parts with metal. You may not blow on an open wound or into open eyes.

Technical parameters of the device: 220-250 v, 50/ 60 Hz, Power 750 w.

The manufacturer warranty is 1 year.

Contact

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